# Meet the Mobile Meals, Inc. of Charlotte Board



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Mobile Meals is a service to those who qualify to receive one or two nutritious meals delivered to their home four to seven days a week within the city limits of Charlotte.



Governed by Mobile Meals, Inc. of Charlotte in cooperation with General Federation of Women's Clubs (GFWC) – Charlotte and University of Michigan Health-Sparrow Eaton. Subsidized in part by United Way of South Central Michigan designated donations.

### **General information**

- The program was initiated by GFWC-Charlotte and is a nonprofit corporation administrated by an elected board of directors.
- Meals are prepared at UM Health-Sparrow Eaton. Special diets can be accommodated.
- All meals are delivered between 11:30 am. and 1 p.m. by community volunteers.
- The noon meal typically includes cooked meat, poultry or fish; potato or substitute; vegetable; salad; bread and butter; milk and dessert.
- The supper meal, which is delivered with the noon meal, includes a cold sandwich, salad, dessert, and milk.

# Qualifications

Participants are enrolled according to need:

- Based on doctor recommendation (e.g., earlier release from the hospital).
- Require a special diet, such as diabetic, low-fat, low-sodium, low-cholesterol, etc.
- Are physically or mentally disabled, homebound, or in recovery.
- Must live in the city of Charlotte, MI.

A waiting list is maintained when necessary and applicants are accepted in order of need. Contact 517-541-5909 for more information.

## Enrollent

To enroll in Mobile Meals, Inc. of Charlotte, or for additional information, call **517-541-5909** between 8 a.m. and 3 p.m., Monday through Friday.

**To cancel meals,** whether for one day or permanently, call 517-541-5909 before 9 a.m.

### Cost

- \$5 per day for two meals
- \$3 per day for one hot noon meal
- \$2 per day for one cold supper meal

#### Make checks payable to: Mobile Meals, Inc. of Charlotte

Mail payments to: Lori Pray 316 W. Seminary Charlotte, MI 48813 Phone: 517-543-6150

